

Join us on  
February 22 – 23, 2020

## THE ANATOMY OF THE SUBJECTIVE & OBJECTIVE CLINICAL ASSESSMENT WITH A FOCUS ON LOW BACK PAIN SYNDROME



## CAM – HD Experience:

Working to create connections  
between the anatomy laboratory  
and the clinical practice of  
Complementary and Alternative  
Medicine



# Queen's UNIVERSITY

The New Medical Building opened in September 2011 and offers a state of the art anatomical learning facility.

The William James Henderson Anatomy Learning Centre within the School of Medicine offers a full spectrum of cadaveric material, plastinated specimens, both wet and dry anatomical specimens, models, audio/visual references and much more.

Conveniently located, this wonderful facility is within walking distance of the downtown attractions offered in the beautiful City of Kingston.

Complementary and Alternative  
Medicine Human Dissection Experience  
(CAM – HD Experience)

C/O Craig Harness MSc, PhD(c), DO(Q)  
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www.camhde.ca

### REGISTRATION

Limited to 25 students on a first-come, first served basis for practitioners of Western and Complementary and Alternative Medicine. Please contact Craig Harness at camhde@queensu.ca.

### COST

The cost of this experience is \$750. 'Early Bird' and returning CAM – HD Experience participants will receive 10% discount. Cut-off for 'Early Bird' rate is January 22, 2020.

### LOCATION

The New Medical Building is located at 15 Arch Street, Queen's University, Kingston, Ontario. Lab and lecture hours take place in the William James Henderson Anatomy Learning Centre located on the 3rd floor.

"This learning opportunity is unparalleled."

"This was an excellent course for a family physician with an interest in pain management. The clinically relevant anatomy was especially helpful."

CAM – HD Experience Participants



## ADVANTAGES OF THE CAM – HD EXPERIENCE AT QUEEN'S

1. World class anatomy laboratory with full downdraft ventilation systems.
2. Instruction from anatomists who also practice within the CAM streams.
3. An appreciation of the fascia despite its removal from the prosected specimens.
4. All the amenities that the City of Kingston has to offer.

## COURSE OVERVIEW

This course begins with an exhaustive account of the regional anatomy of the low back and pelvic girdle. Lectures and practical sessions are supplemented by prosected human specimens and Queen's University's world-class museum. Topography, palpation and sectional anatomy are stressed throughout active learning activities.

How to incorporate anatomically based decision making to the differential diagnosis of low back pain syndrome follows. Specific special tests for the region are demonstrated with guided instruction as are various treatment approaches to low back pain syndromes. Case studies create solid links between the clinical and cadaveric anatomy. The course concludes with guided practical sessions allowing students to implement course material to the treatment of low back pain syndrome.

Registration opens at 8:30am February 22, 2020. All materials are supplied by the CAM – HD Experience including notes. This practical course integrates the lab setting. Please bring appropriate lab and practical clothing. For more info visit the FAQ tab at [www.camhde.ca](http://www.camhde.ca)

## ITINERARY

### February 22 (9am – 6pm):

- Regional anatomy of the lumbar spine and pelvis
- Topography and layered anatomy
- Palpation and special tests
- Differential diagnosis of low back pain syndrome
- Introduction to treatment paradigm with guided practicum

### February 23 (9am – 5pm):

- Elaboration of treatment paradigm
- Case studies
- Reinforcement of anatomical principles via cadaveric anatomy
- Anatomical approach to treating low back pain syndrome
- Guided practicum

## FACULTY:

**Craig Harness MSc, PhD(c), DO(Q)**

**Kevin Fairfield BA, BHSc PT, FCAMPT, DO(Q)**

**John D'Aguanno RMT, DO(Q)**

As an interprofessional group of experienced clinicians, Craig, Kevin and John strive to create a learning environment that is unique to each group of participants. For more info visit the Faculty tab at [www.camhde.ca](http://www.camhde.ca)